

St Benedict's Parish

Arcadia

To desire eternal life with all spiritual longing.
Rule of St Benedict, Chapter 4



COVID-19 RESTRICTIONS UPDATE:

Church Attendance:
One person per 2sqm,
maximum 300 people.



Sixth Sunday in Ordinary Time Year B

13 & 14 February 2021

**Please use QR CODE provided or
write your name and phone number when you
enter Church after sanitizing.
Contact Paula on 0423 078 282.**

PARISH MASSES

Weekend Mass:

Saturday 7:00pm
Sunday 9:00am
Sunday 10:30am
Sunday Latin 4.30pm

Weekday Mass:

Mondays to Thursdays 9:30am
Fridays 7:00pm followed by Confession
First Friday of the month 6.30pm Adoration

MONASTERY CHAPEL Mass

Sundays 7:00am
Daily 7:00am

Please contact Father Bernard for the following:

**BAPTISMS
RECONCILIATION
FOR THE SICK
MARRIAGES
FUNERALS**

Fr Bernard: 0416 032 497

Entrance Antiphon

Be my protector, O God,
a mighty stronghold to save me.
For you are my rock, my stronghold!
Lead me, guide me, for the sake of your name.

First Reading

Leviticus 13:1-2, 44-46 (JB)
A reading from the book of Leviticus
*As long as he is unclean, he must live alone,
outside the camp.*

Responsorial Psalm

R. I turn to you, Lord, in time of trouble,
and you fill me with the joy of salvation.

Second Reading

1 Corinthians 10:31 - 11:1 (JB)
A reading from the first letter of St Paul to the Corinthians
Be imitators of me, as I am of Christ.

Gospel Acclamation

Alleluia, alleluia!
A great prophet has appeared among us;
God has visited his people.
Alleluia!

Gospel

Mark 1:40-45 (JB)
A reading from the holy Gospel according to Mark
The leprosy left him and he was cured.

Communion Antiphon

God so loved the world
that he gave his Only Begotten Son,
so that all who believe in him may not perish,
but may have eternal life.

Gospel reading for this Week**Mark 1:40-45 (JB)**

A reading from the holy Gospel according to Mark
The leprosy left him and he was cured.



A leper came to Jesus and pleaded on his knees: 'If you want to' he said 'you can cure me.' Feeling sorry for him, Jesus stretched out his hand and touched him. 'Of course I want to!' he said. 'Be cured!' And the leprosy left him at once and he was cured. Jesus immediately sent him away and sternly ordered him, 'Mind you say nothing to anyone, but go and show yourself to the priest, and make the offering for your healing prescribed by Moses as evidence of your recovery.' The man went away, but then started talking about it freely and telling the story everywhere, so that Jesus could no longer go openly into any town, but had to stay outside in places where nobody lived. Even so, people from all around would come to him.

The Gospel of the Lord.

Praise to you, Lord Jesus Christ.

The Jerusalem Bible translation of Scripture is used in the Australian Lectionary for Mass, Vols I, II and III (London: Collins Liturgical, 1981). Acknowledgement: The Scripture Readings are taken from the Jerusalem Bible © 1966, 1967, 1968 Darton, Longman & Todd Ltd and Doubleday and Co. Inc. Used by permission of the publishers. Liturgia Copyright 2020

GOSPEL REFLECTION**Mark 1:40-45 (JB)**

"Heal the sick!" (Matthew 10:8) Illness was no longer to be seen as a curse, but as a chance for faith, a time for healing. Jesus brought compassion and service to his ministry among the sick. And, as Jesus did, he instructed his followers to do. Hence, the Church has a duty and a charism to act as an agent of God's healing power. In the name of Jesus, the Church prays for healing among the sick. But, by invoking the name, the Church remembers who really heals and serves: God himself.

From Scripture and Tradition, the Church exercises a ministry to the sick. The Anointing of the Sick sums up the Church's ministry: a sign of the community's care and a prayerful anointing for healing. The sacrament, administered by a bishop or priest, binds the sick to Christ. In this sense, the sacrament forgives sin and "raises up" the sick. No matter whether the result of the anointing is physical or spiritual healing, the sacrament points toward the general resurrection, when all the faithful will be made whole, just as Christ's resurrection restored him.

*What hope has God given you in times of illness?
 How have fellow Christians helped you when you were ill?
 Did their help or prayers help you through the effects of your illness? How?*

Mark wrote of healing, ejection, and evangelization. When we feel Christ's healing touch, we want to stay near, to feel intimate union with the Master. Yet, when he withdraws, do we withdraw? Or do we invite others to the Lord?

God calls us to wholeness. But we cannot stay in the Lord's house forever. We need get back to our daily routines and relationships. It is not a return to the status quo. It is a chance to proclaim and to serve.

*How would you like to be made whole?
 Is it in body, spirit, or relationship?
 Write down your thoughts and desires for wholeness.
 Present them to God this week, and pray for the power to trust Him with that list.*

Source of Content: www.word-sunday.com

In Our Parish

We remember in our prayers, all our dearly beloved who have died, especially Noni Squadrito.

We welcome into God's family to all who were recently baptised.

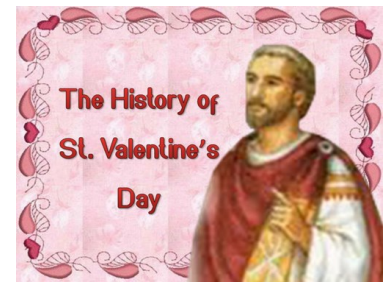
We pray for the sick of our Parish.

SAINT OF THE WEEK

Saint Valentine

c. Early 3rd Century—269
Feast Day: February 14th

*Patron Saint of love,
young people and happy marriages*



Saint Valentine, officially known as Saint Valentine of Rome, is a third-century Roman saint widely celebrated on February 14 and commonly associated with "courtly love."

Although not much of St. Valentine's life is reliably known, and whether or not the stories involve two different saints by the same name is also not officially decided, it is highly agreed that St. Valentine was martyred and then buried on the Via Flaminia to the north of Rome.

In 1969, the Roman Catholic Church removed St. Valentine from the General Roman Calendar, because so little is known about him. However, the church still recognizes him as a saint, listing him in the February 14 spot of Roman Martyrology.

The legends attributed to the mysterious saint are as inconsistent as the actual identification of the man. One common story about St. Valentine is that in one point of his life, as the former Bishop of Terni, Narnia and Amelia, he was on house arrest with Judge Asterius. While discussing religion and faith with the Judge, Valentine pledged the validity of Jesus. The judge immediately put Valentine and his faith to the test.

St. Valentine was presented with the judge's blind daughter and told to restore her sight. If he succeeded, the judge vowed to do anything for Valentine. Placing his hands onto her eyes, Valentine restored the child's vision. Judge Asterius was humbled and obeyed Valentine's requests. Asterius broke all the idols around his house, fasted for three days and became baptized, along with his family and entire 44 member household. The now faithful judge then freed all of his Christian inmates.

St. Valentine was later arrested again for continuing to try to convert people to Christianity. He was sent to Rome under the emperor Claudius Gothicus (Claudius II). According to the popular hagiographical identity, and what is believed to be the first representation of St. Valentine, the Nuremberg Chronicle, St. Valentine was a Roman priest martyred during Claudius' reign. The story tells that St. Valentine was imprisoned for marrying Christian couples and aiding Christians being persecuted by Claudius in Rome. Both acts were considered serious crimes. A relationship between the saint and emperor began to grow, until Valentine attempted to convince Claudius of Christianity. Claudius became raged and sentenced Valentine to death, commanding him to renounce his faith or be beaten with clubs and beheaded.

St. Valentine refused to renounce his faith and Christianity and was executed outside the Flaminian Gate on February 14, 269. However, other tales of St. Valentine's life claim he was executed either in the year 269, 270, 273 or 280. Other depictions of St. Valentine's arrests tell that he secretly married couples so husbands wouldn't have to go to war. Another variation of the legend of St. Valentine says he refused to sacrifice to pagan gods, was imprisoned and while imprisoned he healed the jailer's blind daughter. On the day of his execution, he left the girl a note signed, "Your Valentine."

Whoever he was, Valentine did really exist, because archaeologists have unearthed a Roman catacomb and an ancient church dedicated to St. Valentine. In 496 AD Pope Gelasius marked February 14th as a celebration in honor of his martyrdom.

Relics of St. Valentine can be found all over the world. A flower-crowned skull of St. Valentine can be found in the Basilica of Santa Maria in Cosmedin, Rome. In 1836, other relics were exhumed from the catacombs of Saint Hippolytus on the Via Tiburtina and were identified as Valentine's. These were transported for a special Mass dedicated to those young and in love.

Fr. John Spratt received a gift from Pope Gregory XVI in 1836 containing a "small vessel tinged" with St. Valentine's blood. This gift now stands placed in Whitefriar Street Church in Dublin, Ireland.

Other alleged relics were found in Prague in the Church of St Peter and Paul at Vysehrad; in the parish church of St. Mary's Assumption in Chelmno Poland; at the reliquary of Roquemaure in France; in the Stephansdom in Vienna; in Balzan in Malta and also in Blessed John Duns Scotus' church in the Gorbals area of Glasgow, Scotland.

St. Valentine is the Patron Saint of affianced couples, bee keepers, engaged couples, epilepsy, fainting, greetings, happy marriages, love, lovers, plague, travellers, and young people. He is represented in pictures with birds and roses and his feast day is celebrated on February 14.

THE RULE OF ST BENEDICT

Chapter 4

*In the first place, to love the Lord God with all one's heart, all one's soul, and all one's strength.
Then, one's neighbour as oneself.*

PARISH LENTEN GROUPS

Lenten groups will be meeting in homes or at Church for about an hour reading and reflecting together on the Sunday Gospel readings during Lent.

Miriam Brown:

Wednesdays 1pm at the Parish,
commencing 24th of February.



Benigna Cascun with Gebran Azzi:

Friday nights 6pm

commencing 19th of February.

Address: 726A Old Northern Road, Dural (Benigna's house).

If you are interested in hosting a Lenten Group at home or Church during Lent starting the week after Ash Wednesday 17th February please contact the office for more information and for booklets on: 9653 2312.

If you cannot attend a Lenten Group, booklets are available in Church for your own reflection.

ST BENEDICT'S LENTEN RETREAT

*The 15 Stations of the Cross
and What It Means to Me*

RETREAT DAY:

Date: 20th of March 2021

Where: St Benedict's Parish

Time: 9am to 2pm

Morning tea and light lunch provided.

Cost: FREE

Please join us for a day of prayer and reflection. Together with Fr Hilarion, we will explore each of the 15 stations of the cross and what it means to us in our daily life. Booking for this event is strictly required.

Seats are limited so please book early through:

<https://www.trybooking.com/BOTXG>

For more information or to book, you can also call Glenice on 0428 859 568 or parish office.



ASH WEDNESDAY

17th February 2021

Mass and distribution of ashes will take place at the following times:

7am	Monastery Chapel
9.30am	Parish Church
7pm	Parish Church

Ash Wednesday is a day of fasting and abstinence from meat. Lent begins with Ash Wednesday and is the season of the Church's year where we look to renew our relationship with God.

STATIONS OF THE CROSS

Fridays 6.30pm during Lent

During Lent, commencing Friday 19th of February 2021, we will be holding the Stations of the Cross in our Parish on Friday nights at 6.30pm and take a few moments at each station to pray or meditate. This tradition continues until Good Friday. Mass will be afterwards at 7pm as usual every Friday night followed by Reconciliation.

REST IN PEACE

It is with great sadness that we inform you of the passing of:

NONI SQUADRITO

Noni passed away last week. Our condolences to the family and friends.

*Eternal Rest grant to her Oh Lord,
And let the perpetual light shine upon her,
May she Rest in Peace.
Amen*



Aid to the
Church in Need
ACN AUSTRALIA

A message from *Aid to the Church in Need Australia*:

Job Vacancies - Are you looking for flexible ongoing part time work? Will you share the stories of suffering Christians?

Aid to the Church in Need is recruiting for a number of **Diocesan Outreach Assistants** who will deliver monthly presentations in parishes across Australia.

For more details visit www.aidtochurch.org/work

ROSTER FOR NEXT WEEKEND

Copy of the complete roster is available in the sacristy.

20/2/21 to 21/2/21		
First Sunday of Lent Year B		
	Saturday 7pm	Sunday 9am
Acolyte	Need help	Nigel Morgan
Reader1	Mary Camilleri	Peter Goodwin
Reader2	Mary Cascun	
Prayers	Maria Gambino	Lorraine Dailey
Music		Mark Quirk
Music		Keith Wallace
Music		Theresa Neilly

Please contact the office if you can help out.

GCEA MEETING

(Galston Christian Education Association)

With term 1 now in full swing, we'll be having our first GCEA Committee Meeting for the year.

After a difficult year last year, we're hopeful 2021 will provide more opportunities to continue to serve, in partnership with one another, to see the gospel go forth in our local community, and in particular, at Galston High School.

Details:

What: GCEA Committee Meeting for term 1

When: Monday 1st March @ 7.30pm

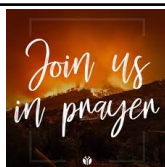
Where: Galston Uniting Church - 11 School Rd, Galston

Please RSVP for planning and catering purposes.

Grace and peace,
Roger Hokin
Youth and Young Adults Minister
Dural District Anglican Churches
GCEA Secretary
roger@duralanglican.org.au
0413 067 770

CCC PRAYER GROUP

Prayer meeting held every Friday night after 7pm Mass, and Wednesday mornings after 9.30am Mass.



Everyone welcome.
For more details call Mary Camilleri on 0403 116 987.

CATECHIST NEWS

So exciting to be back in our classes! SRE (Scripture) started at Hillside last Friday and will start in all our other local schools this week. Please keep our Catechists and the children that they teach in your prayers.

Free Ministry induction training continues this week on Mondays as a morning course 10am-12pm OR and afternoon course 1pm-3pm via Zoom. Please contact me for further information.

A big thanks to Violet Bomerhe for helping out with Kindergarten at Glenorie and Rose Granata and Lucy Sorbello for helping at Arcadia.

One more **Catechist** is required for Hillside on **Fridays 8:50am-9:45am** for a class of 9 students. If you are available please give me a call.

God bless,
Miriam Brown 9652 0558 or srearcadia@gmail.com
Parish Catechist Co-ordinator

The Marriage Kit - Online Seminar



Join us for a six-week workshop series for married couples wanting a lasting, passionate relationship. This initiative is in partnership with the Catholic Diocese of Rockhampton.

START DATE: MONDAY EVENING - 15 FEBRUARY
COURSE COST: \$25

FIND OUT MORE: www.smartloving.org/rockhampton

PARISH LENTEN STALL

Thank you so much to everyone who supported the Sweets Stall and the donations. We really appreciate this!



The next weekend for the Parish Lenten Stall will be **5th to the 7th March 2021** (after Mass on Friday 7pm, Saturday 7pm, Sunday 7am Chapel, 9am and 10.30am, and 4.30pm Latin Mass). This time the items will not be sweet due to Lent. There will be savoury food, books and DVDs. Come and support our Church.

Please feel free to bring items for sale to help the parish. For any queries or donations please call Lila Bacha on 96521113 or 0418360024.

ITALIAN ROSARY GROUP

Every Monday 2.30pm. Everyone welcome.



For more details call Angela Egiziano. Ph: 9653 2312.

In Our Parish

We remember in our prayers, all our dearly beloved who have died.

We welcome into God's family to all who were recently baptised.

We pray for the sick of our Parish.



Lent—A Time for True Prayer ***Ash Wednesday***

But when you pray, go to your inner room, close the door, and pray to your Father in secret. And your Father who sees in secret will repay you. *Matthew 6:6*

One of the most important parts of true prayer is that it takes place deep in the inner room of your soul. It is there in the inner depths of your being that you will meet God. Saint Teresa of Ávila, one of the greatest spiritual writers in the history of our Church, describes the soul as a castle in which God dwells. Meeting Him, praying to Him and communing with Him requires that we enter into the deepest and innermost chamber within this castle of our soul.

It is there, in the innermost dwelling that the full glory and beauty of God is discovered. God is not just a God who is “out there” far away in Heaven. He is a God Who is closer and more intimate than we could ever imagine. Lent is a time, more than any other time of the year, when we must strive to make that journey inward so as to discover the Indwelling of the Most Holy Trinity.

What does God want of you this Lent? It's easy to begin Lent with more superficial commitments, such as giving up a favorite food or doing an extra good deed. Some choose to use Lent as a time to get in better physical shape, and others decide to dedicate more time to spiritual reading or other holy exercises. All of this is good and useful. But you can be certain that the deepest desire of our Lord for you this Lent is that you pray.

Prayer, of course, is much more than saying prayers. It's not only saying the rosary, or meditating upon Scripture, or reciting beautifully composed prayers. Prayer is ultimately a relationship with God. It's an encounter with the Triune God Who dwells within you. True prayer is an act of love between you and your Beloved. It's an exchange of persons: your life for God's. Prayer is an act of union and communion by which we become one with God and God becomes one with us.

The great mystics have taught us that there are many levels to prayer. We often begin with the recitation of prayers, such as the beautiful prayer of the rosary. From there we meditate, ponder and reflect deeply upon the mysteries of our Lord and His life. We come to know Him more fully and, little by little, discover that we are no longer just thinking about God, but we are gazing at Him face to face.

As we begin the holy season of Lent, reflect upon your practice of prayer. If the images of prayer presented here intrigue you, then make a commitment to discover more. Commit yourself to the discovery of God in prayer. There is no limit and no end to the depth to which God wants to draw you through prayer. True prayer is never boring. When youone discovers true prayer, youthey discover the infinite mystery of God. And this discovery is more glorious than anything you could ever imagine in life.

My divine Lord, I give myself to You this Lent. Draw me in so that I may come to know You more. Reveal to me Your divine presence, dwelling deep within me, calling me to Yourself. May this Lent, dear Lord, be glorious as I strengthen my love and devotion through the discovery of the gift of true prayer. Jesus, I trust in You. AMEN.

Prayer for a Fruitful Lent



*My precious and crucified Lord, I offer You this Lent.
I offer it to You with total abandonment and trust.
I offer You my prayers, sacrifices and my very life this day.
Do with me, Lord, as You will.*

*I pray that this Lent will be fruitful.
I know You have much to say to me and much to do in my life.
May this Lent be a time through which Your mercy is poured in abundance into my soul,
and into the souls of all Your faithful.*

*Dearest Lord, help me to especially see my sin, this Lent.
Humble me so that I may see clearly.
Give me courage and strength to confess my sins,
and to turn from them with all my heart.*

*Enlighten me with Your Holy Word, dear Lord.
Help me to come to know You and to deepen the gift of faith in my life.
Show me the plan You have for me,
and place my feet upon the path You have chosen.*

*My suffering Lord, I thank You for the fullness of Your perfect Sacrifice.
I thank You for holding nothing back,
giving Your life to the last drop of blood.*

*May I offer You my very life as a sacrifice,
trusting in Your mercy with every offering.
Keep me faithful to my Lenten promises,
and bring forth new life through these sacrifices of love.*

*Strengthen my prayer and make me holy.
Help me to turn to You, each day,
seeking Your sacred and pierced Heart.*

*Blessed Mother,
you stood by your Son in His suffering and death,
stand by me, I pray, as I journey through this life.
Pray for me and offer me to Your Son,
that He may take me into His loving embrace.*

*Lord, Jesus, Son of the Living God,
have mercy on me a sinner.*

*Lord, Jesus, Son of the Living God,
have mercy on me a sinner.*

*Lord, Jesus, Son of the Living God,
have mercy on me a sinner.*

*Mother Mary, Mother of our Crucified Lord,
pray for us who have recourse to thee.*

Amen



We invite you to our
**OPEN
EVENING**

TUESDAY 23 FEBRUARY 2021
4PM & 6PM

Enrolments for Year 7, 2022
close on Friday 19 March, 2021.

marianenrolment@parra.catholic.edu.au



Bookings are essential as spaces are limited for our Open Evening information sessions and guided College tours.
REGISTER VIA THE COLLEGE WEBSITE: www.mariankenthurst.catholic.edu.au/Enrol-Now/Open-Evening

POPE FRANCIS' INTENTIONS FOR FEBRUARY 2021

VIOLENCE AGAINST WOMEN

We pray for women who are victims of violence,
that they may be protected by society and have their sufferings
considered and heeded.

AMEN



COVID 19 RESTRICTIONS

**Please use QR CODE or write your name and phone number on the sheets provided at both entries.
Please adhere to social distancing guidelines of 2sqms and sanitize your hands at the door.
Also wipe seats down afterwards with wipes provided at both entries.**

**IF YOU ARE NOT WELL OR EXPERIENCING FLU-LIKE SYMPTOMS,
PLEASE STAY HOME, ISOLATE AND GET TESTED.**

We acknowledge the Traditional Owners of country throughout Australia and recognise their continuing connection to land, waters and culture. We pay our respects to their Elders past, present and emerging.

**Office Hours: Mondays & Fridays:
10.30am to 2.30pm**

Parish Office: 9653 2312

Parish Priest: Fr. Bernard McGrath OSB

After hours: 0416 032 497

Email: arcadia.parish@bigpond.com

Postal address: 121 Arcadia Rd, Arcadia 2159

Website: www.bbcatholic.org.au/arcadia

Facebook: [stbenedictsarcadia](https://www.facebook.com/stbenedictsarcadia)

**Address: Cnr Fagans & Arcadia Rd,
Arcadia 2159**

Monastery: 9653 1159

Good Samaritan Sisters: 9653 1231

**For all parish Occupational Health & Safety and
Safeguarding Children matters
Contact: Lorraine Dailey on 0416 081 882.**

Bank Details for ONLINE only donations:

BSB: 062 784

Acct: 1446 8001